EAT SMART WITH THE LUNCH BUNCH

TUESDAY

MONDAY



FRIDAY

THURSDAY

WEEKS SEKAED	MONDAT	IUESDAT	WEDINESDAT	IHUKSDAT	FRIDAT
19 February 18 March 15 April 13 May 10 June 2 September 30 September	Golden Crumbed Fish Fingers Sweetcorn & Roasted Peppers Chipped / Baked Potato / Coleslaw Ice-Cream, Pears & Chocolate Sauce	Baked Potato	Chicken curry & naan bread Or Beef meatballs Green Beans / Baton Carrots Steamed Rice / Pasta Spirals Selection of fresh fruit	Roast chicken, Stuffing & Gravy Broccoli and cauliflower Mashed / Oven Roast Potato Golden Krispie Square	Chicken goujons Beans / Mushy Peas Chipped / Baby New Potatoes Fresh Fruit Yoghurt
26 February 25 March 22 April 20 May 17 June 9 September	Baked Pork Sausages & Gravy Baked Beans / Garden Peas Chipped / Baked Potato Ice-Cream & Two Fruits	Breaded fish and lemon mayo Garden peas/carrots Mash/baby potatoes Fruit sponge and custard	Chicken curry & naan bread Or BBQ pulled pork wrap Diced carrots and peas rice Jaffa cake pots	Roast turkey, Stuffing & Gravy Carrots and peas Mashed / Oven Roast Potato Fresh Fruit Salad & Yoghurt	Beef Burger / Bean Burger in Bap with Onions Corn on the Cob / Pasta Salad Chipped Potato / Steamed Rice Lemon Shortbread & Melon Wedge
4 March 1 April 29 April 27 May 24 June 16 September	Breaded fish and lemon mayo or Chicken goujon wrap salad/ garden peas Baked potato/chips Raspberry jelly & two fruits	Beef bolognaise Sweetcorn. Broccoli Pasta swirls/mashed potato Chocolate and orange cookie	Chicken Curry & Naan Bread Diced Carrots & Green Beans Noodles / Rice Fruit Sponge & Custard	Roast chicken, stuffing &gravy Batton carrots/green beans Mashed / Oven Roast Potato Or Salmon and tomato pasta Pineapple Delight	Hot Dog / Veggie Dog with Tomato Ketchup Spaghetti Hoops / Corn on the Cob Chipped / Mashed Potatoes Ice-Cream & Mandarin Oranges
11 March 8 April 6 May 3 June 26 August 23 September	Golden Crumbed Fish Fingers Baked Beans & Garden Peas Chipped / Baked Potato Homemade Flakemeal Biscuit	Beef bolognaise Sweetcorn / Diced Carrots / Coleslaw Pasta swirls/wedges Mandarin Orange Sponge & Custard	Chicken Curry & Naan Bread Garden Peas / Baton Carrots Boiled Rice / Mashed Potato Selection of fresh fruit	Roast loin of pork Stuffing & Gravy Sweetcorn and broccoli Mashed / Oven Roast Potato Homemade Brownie & Orange Wedges	Chicken Goujons & Sweet Chil Dip Spaghetti Hoops / Corn on the Col Chipped / Baby New Potatoes Fruit Muffin & Apple / Orange Juice

WEDNESDAY

WEEKS SERVED