

School Lunch Menu: Castle Gardens Primary



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 17/01/22 14/02/22 14/03/22 11/04/22 09/05/22	Steak Casserole Crusty bread Fresh Diced Turnip Tossed Salad Mashed Potato Ice Cream and Fruit	Breaded Chicken Goujons Garden Peas Selection of Salads Mashed Potato Fresh fruit salad & yoghurt	Breast of Chicken Curry with Boiled Rice, Naan Bread Fresh Sliced Carrots Carrot Cake & Fruit	Roast of The Day, Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Mash and Roast Potatoes Biscuit and Fresh Fruit	Cod Fish Fingers Sweetcorn, Coleslaw, pasta Salad, Tossed Salad and chips Melon with Yoghurt
WEEK 2 24/01/22 21/02/22 21/03/22 18/04/22 16/05/22	Pasta Bolognese Grated Cheese Sliced Crusty Baguettes Broccoli Florets Fresh Baton Carrots Ice cream & fresh fruit	Fresh Breaded Cod Fish fingers Baked Beans Tossed salad Mashed Potato Apple Crumble & fruit	Breast of Chicken Curry with Boiled Rice, Naan Bread Crunchy Fresh Coleslaw Garden Peas Homemade Shortbread & fruit	Roast of the day Herb stuffing, gravy, fresh diced carrot & parsnip Dry roast potato, mashed potato Melon slice & yoghurt	Breaded Chicken Goujons Selection of Salads Sweetcorn Chips Jelly and Fruit Salad
WEEK 3 31/01/22 28/02/22 28/03/22 25/04/22 23/05/22	Savoury Mince & Onion Fresh Baton Carrots Broccoli Florets Mashed Potato Chocolate Sponge & Fruit	Breaded Cod Fish Fingers Baked Beans Sweetcorn Mashed Potato Jam sponge and Fresh Fruit	Breast of Chicken Curry with Boiled Rice, Naan Bread Fresh Carrots Tossed salad Flakemeal biscuit & mandarin orange	Roast of The Day Stuffing, Gravy Fresh Carrot & Parsnip Dry Oven Roast Potatoes Mashed Potato Shortbread & Fruit	Hotdog, onions Carrot and Cucumber sticks Choice of dips Peas Chips Raspberry ripple Ice Cream & Fresh Fruit
WEEK 4 07/02/22 07/03/22 04/04/22 02/05/22 30/05/22	Breaded Cod Fish Fillets Baked Beans Carrot and Cucumber Sticks Mashed Potato Flakemeal Biscuit, Fruit & Custard	Pasta Bolognese Grated cheese Crusty Bread Broccoli & Carrots	Breast of Chicken Curry with Boiled Rice, Naan Bread Garden Peas Coleslaw Lemon Sponge & Fresh Fruit	Roast of The Day Herb Stuffing Gravy Fresh Baton Carrots/Parsnip Dry Oven Roast Potatoes Mashed Potato Yoghurt and fresh fruit	Cheese and Tomato Pizza Crunchy Fresh Coleslaw Tossed salad Pasta Salad Chips Ice Cream & Fresh fruit

*Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily*

*Selection of salads
available daily*

*If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form*

